



Sam the Safety Dog says ...

Sam, the NSC Safety Dog, is here to talk about safety with kids like you! This time, Sam has a special message about protecting your feet:

“Make sure to wear shoes when you’re playing outside so you don’t get hurt if you step on a rock or something sharp.”



Fun fact!

The first day of summer is the longest day of the year! Enjoy all that daylight on June 21.



Decode the message

Use the alphabet key below to decode the secret message!

A = 1	E = 5	I = 9	M = 13	Q = 17	U = 21	Y = 25
B = 2	F = 6	J = 10	N = 14	R = 18	V = 22	Z = 26
C = 3	G = 7	K = 11	O = 15	S = 19	W = 23	
D = 4	H = 8	L = 12	P = 16	T = 20	X = 24	

20	1	11	5			
23	1	20	5	18		
2	18	5	1	11	19	
23	8	5	14			
16	12	1	25	9	14	7
15	21	20	19	9	4	5



Answer: Take water breaks when playing outside.

Photos: Artem Zakharov/iStockphoto; FatCamera/iStockphoto

